



Dear Sir/ Madam

**“BREAKING DOWN BARRIERS”  
STI (SEXUALLY TRANSMITTED INFECTIONS) /  
AIDS (ACQUIRED IMMUNE DEFICIENCY SYNDROME)  
EDUCATION PROGRAMME IN SCHOOLS**

The Health Promotion Board (HPB) has been conducting the STI/AIDS Education Programme in schools since 1993. The programme aims to raise awareness on STI/AIDS, inform students about ways to prevent infection and discourage promiscuous sexual behaviours.

2. HPB has recently enhanced the programme with inputs from the Ministry of Health and the Ministry of Education. The enhanced programme comprises an assembly talk and class-based learning. It covers information on the transmission modes of STI, the signs, symptoms and consequences of contracting STI/AIDS, effective ways of protection including abstinence from sex, being faithful to one partner in the context of marriage as well as condom use. It also teaches on life-skills such as decision-making, assertiveness and negotiation skills. This enhanced programme has been conducted in schools since 2007 by trained personnel from HPB and teachers.

3. However, if you do not wish your son/daughter/ward to attend this programme, please complete the form below and return it to the school. For any clarification regarding this programme, please email us at [hpb\\_yhp@hpb.gov.sg](mailto:hpb_yhp@hpb.gov.sg).

4. Thank you.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Cheong-Lim Lee Yee'.

Mrs Cheong-Lim Lee Yee  
Deputy Director  
Educational Institution Outreach  
(formerly known as Secondary School and JC/CI Outreach)  
Youth Health Division  
Health Promotion Board

---

**OPT-OUT FORM**

**Please complete this section if you DO NOT wish your child to attend our STI/AIDS Education Programme and return it to the school.**

I, (name) \_\_\_\_\_ of NRIC \_\_\_\_\_, do not wish my son/daughter/ward\*, (name) \_\_\_\_\_ of class \_\_\_\_\_, to attend the STI/AIDS Programme conducted by the Health Promotion Board. \* Please delete accordingly.

Reason/s:

---

Signatory of parent/guardian

---

Date